



AMPLIFIED RIDING BIKE CAMP

This week is designed for beginner to intermediate riders that want to build confidence, endurance and agility while riding. We will focus on safety while riding, beginner bike maintenance skills, and bike maneuvering skills. The week will close out with a bike parade!

SCHEDULE

- 9am- Arrive and Safety Check on bike
- 9:15- Welcome circle
- 9:30- First Game Activity;
- 10- Second Game Activity;
- 10:30- Snack and story
- 11:00- Skills #1 Introduced
- 11:30- Skill #2 Introduced
- 12:15- Lunch
- 12:45- Intro to the day's adventure ride
- 1-2:30- Adventure ride
- 2:45- Review and fun ride

July 14 - 18 | \$360